



Outlook

June 2024

**Abbots Langley
and Bedmond
Parish
Magazine**

50p



Dear Reader

It's difficult to believe that we are half way through the year already and here at St Lawrence's we are looking forward to welcoming our first wedding of the year on 1st June. We have an update from the Malawi Team regarding their visit to Malosa in May (pages 6 and 7). Don't forget to add these June events to your diary - the church fete on 15th and an Afternoon Tea (Malawi fundraiser) on 23rd. Until next time...

Amanda Hawkes
Assistant Editor of Outlook

Some photos from the Malawi team's trip to Malosa May. See update on pages 6 and 7.



Breathing Space

'Is it ok to be rich?'

Sunday 2nd June
5.00pm in
St Lawrence Church.

All are welcome.

A chance to explore some of the big issues of life with good company and some lovely refreshments.

All opinions welcome.



Abbots Langley Festival Songs of the 70's.



As part of this years Abbots Langley Festival (ALF) John Noonan will be holding a concert at The Tin Church on Friday 5 July entitled "Songs of the 70s".

The event will start at 7.30pm and parking is available behind the Church or at the Village Hall. Tickets are £10.00 and include a glass of wine and nibbles. All money raised will go to The Friends of the Tin Church.

For tickets contact John by ringing 01923 266921 or 07856 732672 or Email: jnoonan05@aol.com.

June Calendar



REGULAR SERVICE TIMETABLE

Sunday

8am Eucharist
at St. Lawrence

9.30am Eucharist
at St. Lawrence

11.30am Eucharist at the
Church of the Ascension

Wednesday

11.15am Quiet Prayer

12.00 noon Eucharist

Monday to Saturday

9.15am Morning Prayer

WEEKLY EVENTS

*Weekly events do not
happen on a bank holiday.*

Monday 10am

Coffee Morning
Breakspeare Room

Monday 1.45pm

Tiny Tots
Breakspeare Room

Thursday 8pm

Friends and Faith Group
Breakspeare Room

Friday 10am

Bedmond Bells Craft and
Chat
*The Church of the
Ascension*

Friday 2pm

Craft and Conversation
Breakspeare Room

OTHER EVENTS

Saturday 1st 9.30am

Churchyard Working
Party (CWP)
St Lawrence Churchyard

Sunday 2nd June 5pm

Breathing Space
St Lawrence Church

Sunday 2nd 6.30pm

Nameless Youth Group
St Lawrence Church Hall

Wednesday 5th 10am

Coffee Morning
Church of the Ascension

Sunday 9th 11.30am

Bible Brunch
*The Church of the
Ascension*

Wednesday 12th 11am

Mother's Union
Breakspeare Room

Wednesday 12th 3.30pm

Messy Church
Methodist Church

Saturday 15th 12.00pm

St Lawrence Church Fete
St Lawrence Churchyard

Sunday 16th 1pm

Sunday Lunch
St Lawrence Church Hall

Sunday 16th 5.00pm

Taizé Service
St Lawrence Church

Sunday 16th 6.30pm

Nameless Youth Group
St Lawrence Church Hall

OTHER EVENTS CONTINUED

Sunday 23rd June 3.00pm

Afternoon Tea
St Lawrence Church

Saturday 29th 2.00pm

Ordination of
Revd. Helen Neville
St Albans Abbey

Sunday 30th 9.30am

First Communion Service
for Revd. Helen Neville
(with cake and Pimms
served afterwards)
St Lawrence Church

Sunday 30th 3.30pm

The Spark Service
St Lawrence Church

Dates
for your Diary



Funerals taken in May

Arthur McGill
Wendy Bryant





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South Oxhey: 0208 515 8321 Mon to Fri 10 - 4, Wed specialist appointments only
County wide Adviceline: 0800 144 8848, Mon-Wed 10am - 9pm Thurs & Fri 10am to 8pm Saturday -10am to 4pm.
This number also uses Relay UK, type in 18001 then 0800 144 8848

Messy Church



May's Messy Church was a week earlier than usual as we didn't have enough volunteers for our regular second Wednesday in the month, but despite the change of date, everyone turned up and we had a fun and busy afternoon.

Our theme for the next few months is Jesus' teaching and actions and our story for the afternoon was the Good Samaritan. There were lots of Good Samaritan related crafts including a moving model, a donkey made with pegs and jam jar money boxes with prayers written on them. The children were asked to fill their jars and decide who they would like to give the money to just as the Good Samaritan had given money to help someone in need. As always, one of the favourites was the food craft where the children made a model of the robbed man with icing bandages round him with loads of gel icing blood!

Our next Messy Church will be on Wednesday June 12th and our story for the day will be the healing of the paralysed man. So why not come and join us for Messy Church on:

JUNE 12TH FROM 3.30 – 5.45PM
ABBOTS LANGLEY
METHODIST CHURCH

Please let us know if you are coming so that we can plan for the crafts and for Messy Tea, which is the meal that we provide. Contact Wendy Meldrum on wendymeldrum@gmail.com or the Church Office on 01923 261795.

Please come and join in the fun ... everyone is welcome!



Our Trip to Malawi

Part one!

As I write this article in a rather cold and dreary Abbots Langley, it is hard to believe that last week we were with our friends in Malawi! It was a really “full on” two week stay, it seemed that every minute was packed with decorating, visits and activities. There were times of laughter and happiness with lots of Malawian singing and dancing but also times of great sadness and heart searching in a country where so many people face abject poverty.

There were eight of us in our team ... Eileen and David Adams, Mags Curtis, Lesley Inwards (from St Peter’s, Watford) Michel, the chef!, Gordon Cocks (a retired builder) and me. We divided ourselves into two teams, one worked at the hospital helping with refurbishing the corridors and keeping an eye on the progress of upgrading the hospital laundry which we are supporting financially. The other team accompanied the Primary Health Care Coordinator, Mrs Nellie Walamwa, on her visits in the community.

THE HOSPITAL BASED TEAM got stuck into refurbishing the hospital corridors. This is quite straight-forward but essential work to keep the corridors in good condition. The hospital comprises a number of buildings all connected by outside corridors and patients are wheeled between them in all sorts of weather. It is essential that these corridors are well maintained for the welfare of the patients, so, the hospital maintenance staff replaced wooden supports and roofing panels and our team stripped and painted the poles!

Eileen and Mags looked after us all by producing lunches for the team by visiting Malosa market every day to see what they could buy; they became adept at producing appetising meals out of some very strange ingredients!! David meanwhile spent a great deal of his time buying various building materials with the hospital staff in a very rickety hospital van which kept breaking down and experienced some very hair raising journeys!!

THE COMMUNITY BASED TEAM, led by Nellie, had some very different experiences. As we did in 2018 when we visited, we funded the training of nursery volunteers. The hospital has oversight of at least 60 nurseries in the community and we provided training for the volunteers from 50 nurseries. We saw the training taking place at the hospital and then later in the day presented every nursery volunteer with a resources pack and a certificate of attendance. It was a happy and joyous occasion and we were pleased to be able to supply every nursery with a fabric alphabet panel and glove puppet which had been made by knitters and sewers back in the UK mostly from Abbots Langley!

When we visited in 2018 Nellie had only been in post as Primary Healthcare Coordinator for 6 months and our visits then were mostly to nurseries. Since then, Nellie has developed her role significantly and on this visit we spent a lot more time in the villages and in homes meeting people and getting a much greater

understanding of what life is like for most ordinary Malawians. As Nellie explained; for many, life consists of getting up in the morning trying to earn enough money for food, cooking and eating it, sleeping and then the whole process starts over again the next day ... a real hand to mouth existence. Climate change, the pandemic and the devaluing of Malawi's currency has exacerbated an already difficult situation for people.

COMMUNITY BASED ORGANISATIONS (CBO'S)

However, Nellie has introduced some exciting initiatives to help people support themselves and to find a way out of the grinding poverty that most experience. One of these is the introduction of Community Based Organisations (CBO's). These are like community centres manned by volunteers and Nellie has established 15 of these within the hospital's catchment area. During our trip, we visited two of these CBO's and they were impressive! The volunteers organise training for young people in welding, carpentry and tailoring. There is a food nutrition project whereby a number of women go round the villages once a month and demonstrate how to cook nutritious foods. There was also a youth club so the youngsters could entertain themselves which mostly meant playing football!! The CBO's also supported some of their local nurseries with food and in order to do this and to support the nutrition project, they had established community gardens where there were planting maize. During our visits to the CBO's we were pleased to learn how, with a little bit of help, these community centres were making a real difference to people's lives. We were very pleased to be able to support them

by buying maize seeds and fertiliser for the gardens, maize and soya for the nursery schools and footballs for the youngsters! We even got to plant out some of the maize seeds in the prepared gardens!!

Next month ... The Youth Open Day and Football Bonanza!

By Wendy Meldrum



The Malawi Team will soon be arranging a presentation evening on their trip to Malosa. Watch this space...

In praise of the Stinging Nettle

The Stinging Nettle or common nettle may not be a plant that everyone likes. However, it is not one we would ever want to eradicate in the churchyard. Many of the butterflies that we are lucky enough to see in the churchyard depend upon it. It is the food plant for many butterflies and moths. The small tortoiseshell, the red admiral, the comma, the painted lady and peacock butterflies all lay their eggs on the stinging nettle. Once the eggs hatch the caterpillars devour the leaves enjoying every minute and growing at a terrific rate. The caterpillars of the garden tiger, flame and buff ermine moths all need the stinging nettle to flourish. Over 100 invertebrates use the stinging nettle as a food plant. Garden birds also like to eat the seeds of the nettle however these are birds not really seen in our churchyard - red buntings, bull finches, serins and siskins.

Humans can use the stinging nettle to make a leafy vegetable similar to spinach or make nettle soup or nettle tea. I wonder if any of you have tried this? I would be interested to hear about it. Or maybe you have made a liquid fertiliser from it at some point to put on your vegetable patch?

One of the reasons that we don't like the common nettle is because when we brush up against it the fine hairs on the leaves cause a stinging sensation. It is often said that



rubbing a dock leaf on the nettle sting helps to ease the stinging. This may be due to a cooling effect caused by the sap from the leaf or it may simply be a placebo. There is little scientific evidence to prove that dock leaves help remedy nettle stings but they do often grow in the areas where nettles are growing so it is always worth giving it a try. Otherwise if it is to hand then soap and water will ease the stinging. If I brush up against a stinging nettle it is usually along a footpath miles from any soap and water.

What is the origin of the phrase 'to grasp the nettle' I wonder? We use this phrase to refer to the fact that we should force ourselves to be brave and do something unpleasant that we don't want to do or have been putting off. But where does this come from?

This probably originated from Aesop's fable 'The Boy and the Nettle'.

A boy, stung by a nettle, ran home crying, to get his mother to blow on the hurt and kiss it'.

"Son", said the boy's mother, when she had comforted him, "the next time you come near a nettle, grasp it firmly, and it will be as soft as silk".

The fact is that if you only make superficial contact with a nettle it will sting. However, if you grasp it firmly with an upward motion you avoid the stinging effect. I have not tested this. I do know however, that often when we put off doing things we don't want to do, it can make them seem worse than they eventually turn out to be, once we have 'grasped the nettle'.

By Carol Higgs

Confirmations

We are delighted to announce that two members of our congregation were both baptised and confirmed in May, Bethany Fitzgibbon, who attends our Wednesday communion and Felicity Page, who comes to our 8am service and is part of the Friends and Faith group, were both confirmed at St Albans Abbey on 11th May. The Rt. Revd. Stephen Venner conducted the special service which was held in the Lady Chapel.

Confirmation was administered when the bishop laid hands on the head of each candidate in turn and prayed *'confirm, O Lord, your servant with your Holy Spirit'*. In the New Testament the gift of the Holy Spirit is given to new disciples through the laying on of hands: in continuing this practice the Church prays that the candidates be strengthened (confirmed) with the sevenfold gifts of the Spirit. Confirmation is always administered by a bishop and is a sign that the candidate is united with Christians in every place

and time, through the universal ministry of the Church. After the laying on of hands, the candidates were anointed with oil: a sign that they share in the blessings of Christ (Christ means 'the anointed one').

If you would like to discuss having a baptism or being confirmed please contact Peter or Helen via the church office:
adminstlawrence@abbotslangley.org.uk
or 01923 261795.



St Lawrence Church Fete

*Saturday 15th June 12.00pm - 3.00pm
At the front of St Lawrence Church*

COULD WE ASK FOR YOUR SUPPORT, PLEASE DONATE...

- Bottles, tins, packets, toiletries or unwanted gifts for the tombola
- Cakes, jams or chutney
- Plants
- Raffle prizes



Please let us have the tombola items in advance but the others can be brought along on the day from 9.30am onwards or to the church office in advance.

From the Vicar

Quite soon, we'll be having yet another national debate about changing our laws on euthanasia.

The Scots Parliament is debating 'assisted dying'; the Isle of Man looks set to become the first place in the British Isles to introduce it; Esther Rantzen is spearheading a national campaign, and Sir Keir Starmer – personally supportive of a change in the law – is promising a free vote in the next Parliament should he become Prime Minister. Opinion polls tend to indicate that the public mood is moving swiftly and decisively behind the case for change.

It is easy to see why. Surely, people should be allowed to die with dignity, to end their lives when living has become intolerable. Isn't it simple compassion to allow people the freedom to take control and end their suffering – and, if necessary, help them to end it?

Traditionally, Christians have been strongly opposed to such thinking. Sadly, this has often made the job of those who want change easier – it is very easy to portray opposition to euthanasia as yet another example of religious people wanting to impose their dogma and morals on a society which no longer shares them. Nobody is going to *require* anyone to be euthanised (we're told) – so why should religious people deny others their freedom?

Well, first, let's be clear about what Christians have, and have not said. We have never insisted that people must be kept alive despite their will, or at all costs. The right to decline medical treatment has always been recognised,



and Christian doctors have for centuries administered drugs to ease pain knowing that it may also shorten life. Christianity has no problem with easing people through their final hours.

What (most) Christians *have* opposed is the suggestion that the deliberate killing of patients should ever become a normal option within healthcare – even if patients beg for it.

That opposition is not just based on religious grounds – the idea that euthanasia is a breach of the commandment 'thou shalt not kill', or the conviction that the moment of death must be left to God alone. Whatever the merit of those arguments, they won't command widespread assent in a secular society.

A better reason for opposition is the undeniable existence of 'the slippery slope'. Once the principle is admitted that in certain (narrowly defined) circumstances doctors may kill their patients, what stops those circumstances being dramatically widened? The measure likely to be proposed in this country will say something like: *if* someone is terminally ill; *if* death is expected within six months; *if* their suffering is unbearable, and *if* it is clear to doctors that they are of sound mind and acting freely, *only then* will euthanasia be an option. It all sounds very reassuring.

But why *six* months? Why not eight, or twelve, or twenty? Why *terminal* illness only? Pain and suffering can be terrible without being terminal. Why only *physical* illness, given how awful (and seemingly hopeless) mental suffering can be? Do we really need the explicit and informed consent of the patient – what about coma victims, or those who have suffered severe brain injuries? Perhaps doctors and families should act instead on their best judgement of what the person *would wish*, if still capable.

Very quickly, the euthanasia option spreads. This is exactly what has happened in countries such as Canada, the Netherlands, and Belgium – all further along this road than us. It has happened here, too, in our abortion legislation. Whatever one’s views on abortion, the overall numbers and rates of terminations far outstrip what those who introduced the 1967 Act ever intended. David Steel, the Act’s author, admitted as much. What would make euthanasia any different?

In a grim irony, this actually ends up working against the passion for freedom which drives so many supporters of assisted dying. Our choices are never just *our* choices: they shape the context within which everyone’s choices are made. A particular ‘choice’ easily becomes an expectation, and someone choosing otherwise is viewed as odd and troublesome. Why not spare your family, and the State, all the duty and expense and time and trouble of caring for you? You remain legally free to refuse, of course, but exercising that freedom is to swim against an ever stronger current. The world becomes an inhospitable, even hostile, place to those who don’t quite fit.

Some advocates of euthanasia, like Matthew Parris, are clear-eyed enough to recognise all this. Changing the law, he argued in a recent *Times* article, will (over time) make the free decision to die more of the default option – and this, he says, is a thoroughly good thing. Our society does not have the energy or resources to cope with the levels of age-related disease and suffering we will soon face. And so euthanasia, ‘today criminal, could tomorrow become (as its proponents tend to insist) a sad but permitted option in a relatively small number of special and agonising circumstances; but within a decade or more be seen as a normal road for many to take, and considered socially responsible — and even, finally, urged upon people.’ And this, Parris says, is what *should* happen.

Most supporters of euthanasia, of course, would find the idea of any social pressure to die appalling. They are good people, driven by values of compassion and freedom. And yet, that’s where the change they want will take us – inching closer towards a society where the old and the weak are told that they are not welcome, where only the fit and strong and those who can contribute (for now) get to live. Let us thank Mr Parris for his clarity, and turn around, and start building a culture built on the diametrically opposite principle that we are here to care for each other – and especially for the weakest. Nations choose what they have the energy and resources and will for. Let’s choose life.

Peter

Bedmond Bells WI

It has been a joy to have some warm weather at last, and to be able to get out and about in comfort. Let's hope it lasts.

Our May monthly meeting was our AGM, when the committee for the coming year was elected. We finished off the evening with an interesting and unusual quiz on product brands – it caused us all to have some thought.

We are planning some outings for the summer – local gardens feature, but we also hope to go a little further afield if we can. There are so many interesting places to go and see these days, we are really spoilt for choice.

The outing to the Natural Coffee Company in Apsley was a great success and enjoyed by everyone who attended. It is well worth a visit, and members were able to purchase some of their products as well – a bonus.

In March we were very fortunate to be awarded a plaque by Abbots Langley Parish Council for our work in the community and raising the profile of our WI. We are very grateful for the recognition for what we are doing and will continue to do our best for the benefit of our community as a whole.

With that in mind, we have held one more Community Café in the Tin Church in Bedmond, before having a break over the summer. This was another successful event, with a simple soup and roll, with hot drinks and cake to follow, and a happy, chatty atmosphere.

The preparations for our participation in Abbots Langley Carnival on 8th June are well underway. We are taking part in the parade and will have a stall on the field, so do look out for us!

Our craft group continues to run on Friday mornings in the Tin Church, to which everyone is welcome. Just come along and join in for a drink and chat while sharing crafting skills and activities.

At our June meeting the local police will be attending to talk about keeping safe and discussing concerns that members may have. Visitors are always welcome, so do contact us if you would like to attend. Details are as follows -

Christine Hunt – President
christinehunt@gmail.com or
01923 573236

Moira Bunting – 01923 262242
Facebook: BedmondBellsWI

Ascension Day Service

On Thursday 9th May The Church of the Ascension, Bedmond, celebrated their Patronal Festival with an evening service.

Hugh McCormick Ball attended the service and told Outlook:

'Our Ascension Day Service was wonderful.

The Church was really full with a lot of support from St Lawrence, especially the Choir, it made for such a memorable evening.

It was such a joyful occasion.'

Parish People

ALEX HORROX-WHITE Newly elected member of the PCC

Alex was born in London but grew up in Watford. His father was a chemistry teacher at Merchant Taylors' for nearly 40 years. Sadly, he has recently passed away after a long illness. His mother was a private Children's Nanny for 25 years both in the UK and Canada.



Alex attended St Mary's Church of England Primary School before completing his secondary education at Merchant Taylors' School. He then went on to the University of East Anglia in Norwich where he studied Drama. During the first week there he met an Italian girl called Silvia Colucci who was on the same course. There was an instant attraction and Silvia is now his wife. At university Alex also met and shared accommodation with his best friend Ari who was the Best Person at his wedding.

When he first left university Alex worked in sales for Angels Theatrical Costume House in London. From there he moved to the Harry Potter Studios at Leavesden, working as a Visitor Interactor, then later in the Education Department. While working there he met a certain Emma Stratton, with whom he found a common enthusiasm for musical theatre and Gilbert and Sullivan. This led to Alex joining the Abbots Langley Gilbert and Sullivan Society and then eventually the St Lawrence Church Choir. Now Alex is a new member of the PCC.

As previously mentioned, Alex has a passionate interest in the theatre, the arts and music and performs regularly with ALGSS and Radlett Musical Theatre Society of which he is Chairman. He and his father shared a love of astronomy, chess, and reading. His parents and grandparents really encouraged the latter by frequently buying Alex books.

Last September Alex and Silvia got married at St Lawrence Church on a beautiful sunny day and that week had not just one but two weddings as they then flew out to Silvia's hometown, Matera, in Southern Italy, where they had another celebration with Silvia's extended family.

At the moment Alex and Emma are co-directing *HMS Pinafore* which will be performed at the Henderson Hub from June 13th – 15th. It is full of wonderful music and there are fine singers in the leading roles. Alex says they are having enormous fun during rehearsals and hopes that you will come and see the show, which is also part of the Abbots Langley Festival.

By Brenda Southorn

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PARISH DIRECTORY

The code 01923 precedes all the telephone numbers unless stated otherwise

Abbeyfield (West Herts) Society	Marcus Coultrup (334387)
Bedmond Bells WI	Janette Noonan 01923 266921 or Moira Bunting 01923 262242
Bedmond Village Carpet Bowls	Margaret Forrest (670989)
Bedmond Village Hall	Simon Smith (07401 331302)
Bedmond Village Taskforce	bedmondvillagetaskforce@gmail.com
Bell Ringing	Phill Higgs (440676)
Bowling Club	off Langley Road (alongside the Scout HQ)
Breakspeare Community Pre-School	(by Tannerswood School) (274483)
Brownies, Rainbows and Guides	www.girlguiding.org.uk/interested
A/L Carers and Former Carers Support Group	Brenda Southorn 677139
Churches Together	Brenda Southorn 677139
Citizens Advice Bureau	01923 271 707, see advertisement on page 4
Community Centre	(to hire 07530 266293)
Cricket Club	www.abbotssc.hitssports.com
Evergreen Youth FC	Ian Turner (266640)
Family Planning	Garston Clinic (234525) Mon & Wed 6.00 – 8.00 pm
Flower Arrangement Society	Sylvia Clinton (262678)
Friends of St Lawrence	Bill Sanderson (265963) / Wendy Meldrum (07710688633)
Gardening Society	Jane Lay (447281)
Gilbert & Sullivan Society	Brenda Southorn (677139)
Hillside Residents Association	School Mead (261734)
Home Start (Helping Families Under Stress)	(248010)
Infant Welfare Clinic	St Saviour's Hall - Monday 1.30 to 3.00 pm (264639)
Jo Jingles	Mags Bilson (222529)
Karate Club (Junior)	(Scout HQ, Langley Road) Andrew Lewry (07774 161685)
Library	Open: Mon & Thu 1.00pm-6.00pm; Tue & Fri 9.30am-6.00pm Sat 9.30am - 1.00pm; Wed & Sun closed all day
Local History Society	Delva O'Reagan (267585)
Mothers' Union	Jill Matthews (262046)
Orchestra (ALO)	Penny Abbot (01442 873205)
Parent & Toddler Group	Community Centre; Tue, Wed & Friday 9.15-11.15 am
Parish Council and Halls	Council Office, Langley Road (265139)
Players (ALP)	Jean James (461549)
Red Cross	Jeanne Johnson (263598)
Royal British Legion	Secretary: Chris Driscoll (01923 675563)
St Lawrence Church Hall	Church Office (261795)
St Lawrence Church Flower Arrangers	Church Office (261795)
Scouts: Abbots Langley Scout Group	Alison Redmond gsl@abbotslangleyscouts.org.uk
Langleybury Scout Group	5thnwscouts@gmail.com
Youth FC	Tim Denyer (270563)

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Friends of St Lawrence



Wine Tasting (Saturday May 18th)

This was a new venture for the Friends of St Lawrence and we were concerned as to how it would turn out. We needn't have worried, the event was a sell out and the evening a spectacular success. Jeff from Dallings gave us a most interesting and informative talk to accompany the wines we were tasting and we all enjoyed a wonderful evening. A huge thank you to Penny McLoughlin for organising the event and to the Friends Committee for their hard work in preparing the food. The evening raised over £700 and we will certainly hold a similar event in the future.

OUR NEXT EVENT IS PART OF ALF (THE ABBOTS LANGLEY FESTIVAL) - GUIDED TOURS OF ST LAWRENCE CHURCH & EXHIBITION

**SATURDAY 6TH JULY:
10AM - 4.30PM**

**SUNDAY 7TH JULY:
12PM - 4PM**

Always wanted to find out a bit more about the Church, its history and architecture now's your chance!! Come along and take one of our guided tours of the Church or simply explore on your own. There will be an exhibition of registers of marriages held in St Lawrence since the 1960's plus a display of wedding photos and dresses. Were you married in St Lawrence's? Come and find your entry in the register. There will be tea, coffee and homemade cakes on sale in the Breakspear Room.

Entry is free, donations to the Friends of St Lawrence welcome. Put the dates in your diary and come along!



In June our meetings will be:

Wednesday 12th June 11.00am coffee and chat in the Breakspear Room. *(There will be no Corporate Communion in St Lawrence Church after the meeting).*

Evening meeting to be arranged.

Contact Branch Leader: Jill Matthews
07966 887380 Email: matthewsjill2410@gmail.com

A Rocha UK's Easy Eco Tips

Taste the benefits of seasonal and local food. Make plans to source locally grown foods that you can add to your diet / shopping list throughout the seasons. Produce grown locally is picked at the peak of it's ripeness and will be full of flavour, tasting better than the produce that has been imported and travelled thousands of miles.

For more practical ways to enjoy, nurture and defend nature, sign up to A Rocha UK's Wild Christian email at: arocha.org.uk/wild-christian



QR Codes

If you would like to access the website for either St Lawrence and the Church of the Ascension or for St Albans Cathedral, you can do so by scanning the QR codes below.

QR code for St Lawrence Church and The Church of the Ascension



QR code for St Albans Cathedral



Churchwardens

Carol Higgs
(churchwarden1@abbotslangley.org.uk)

Tom Betteridge
(churchwarden2@abbotslangley.org.uk)

St Lawrence Church Abbots Langley *and*
The Tin Church Bedmond

To submit an article for Outlook, please contact the Church office.



CONTACTS

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Email: vicar@abbotslangley.org.uk

Curate: The Revd. Helen Neville
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Email: curate@abbotslangley.org.uk

THE CHURCH OFFICE:

High Street
Abbots Langley
WD5
Tel: 01923 261795
Email: adminstlawrence@abbotslangley.org.uk
Website: www.abbotslangley.org.uk



AFTERNOON TEA

Sunday 23rd June 2024

**VENUE: ST LAWRENCE CHURCH ABBOTS
LANGLEY, WD5 0AS**

- *Afternoon Tea from 3pm -5pm at St Lawrence Church.*
- *A large selection of "costume jewellery" will be available for sale during the afternoon.*
- *Some very rare antique tea pots will also be on display and available to purchase as well on the day.*
- *Afternoon Tea at **£8 per person** consists of delicious scones, homemade jam, clotted cream, a selection of cakes & teas.*
- *Soft drinks and a glass of bubbly (non -alcoholic) are also available to supplement your afternoon tea at additional cost.*

TO RESERVE A TABLE: Contact David or Eileen Adams on:

David.Adams31@ntlworld.com Tel: 01923 265228



As part of the
Abbots Langley Festival
John Noonan sings
Songs of the 70's

Friday 5th July
7.30pm

The Tin Church

Tickets £10 & includes
a glass of wine and
nibbles

All proceeds to
The Friends of
the Tin Church

For tickets contact John:
01923 266921 or 07856 732672 or
Email: jnoonan05@aol.com.

Parking behind the Church or at the Village Hall



St Lawrence Church Guided Tours & Exhibition



Come and enjoy the beautiful architecture and amazing history
of our ancient church
which lies at the heart of our village community.
Join a guided tour (approx..20 mins) or just look around!

SATURDAY 6TH JULY: 10AM – 4.30PM
SUNDAY 7TH JULY: 12PM – 4PM

Plus..

An Exhibition of Church Marriage Registers
and a display of weddings held at St Lawrence's

Tea, coffee and homemade cakes

Free entry:

Donations to Friends of St Lawrence welcome

St Lawrence Church, Abbots Langley, WD5 0AS





St Lawrence Church Fete

High Street, Abbots Langley

Saturday 15th June

12.00pm - 3.00pm



Games
Tower Tours
Tombola

BBQ
Tea and Cake
Bouncy Castle
Plant Sale



Proceeds to Watford Schools Trust
and Abbots Langley Carers

Deadline for all content for July Outlook is Thursday 20th June