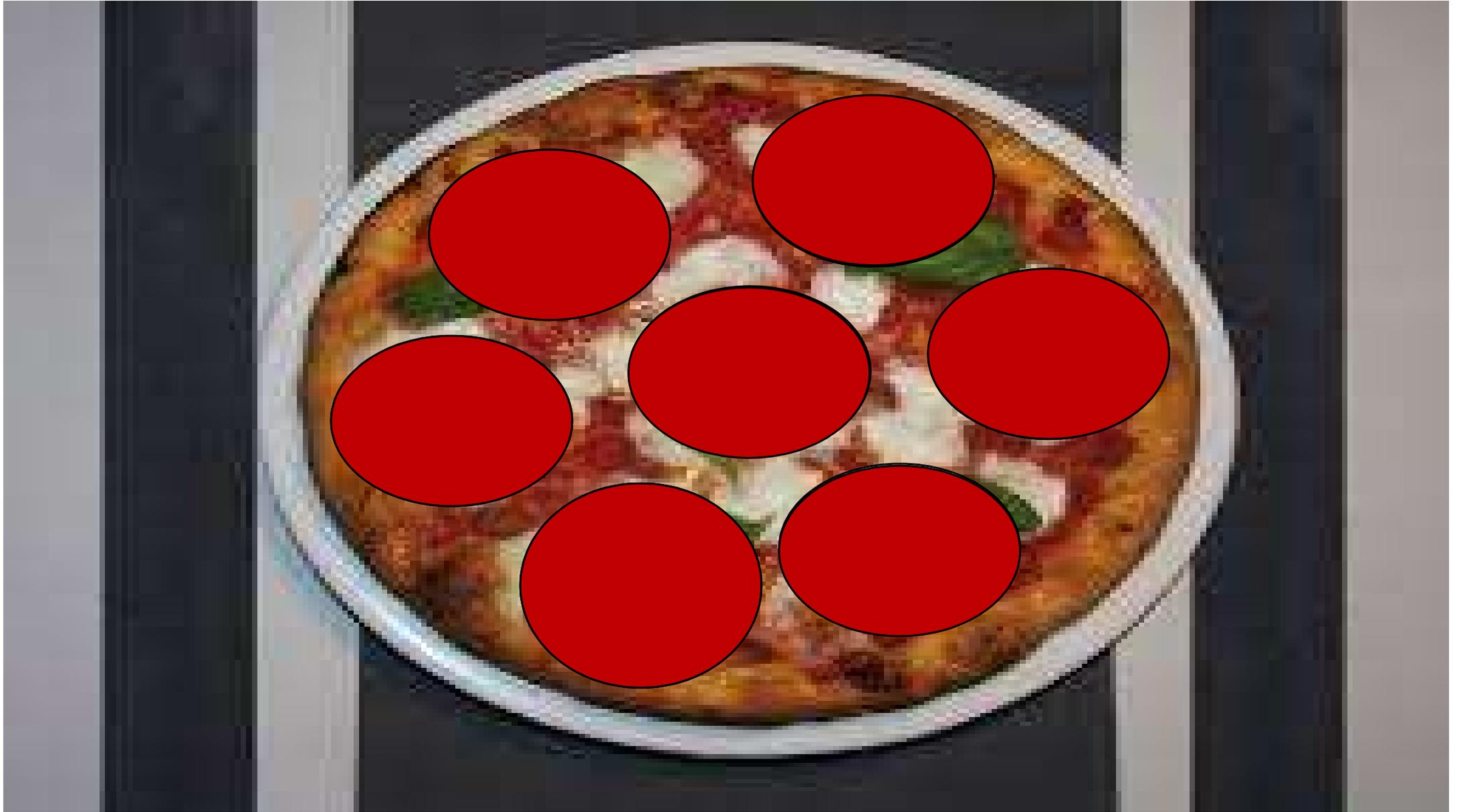


SHARE A PIZZA.....

Normally around this time, we would be getting together as the Nameless group for pizza, games and a look at the Bible.

We can't do that this month (or for the foreseeable future) so perhaps we can just share this virtual pizza together instead....





If you have your Youth Bible handy, have a quick look at Matthew Chapter 4, verses 1-4. It's on p. 1126

Jesus is preparing himself for his work by spending 40 days in the desert (the period which we are remembering while we are in Lent). During this time he is fasting (i.e. not eating) to help him concentrate on God and preparing himself, so he is very hungry.

The devil tries to get him to stop thinking about God and to think about food instead by turning some stones into bread.

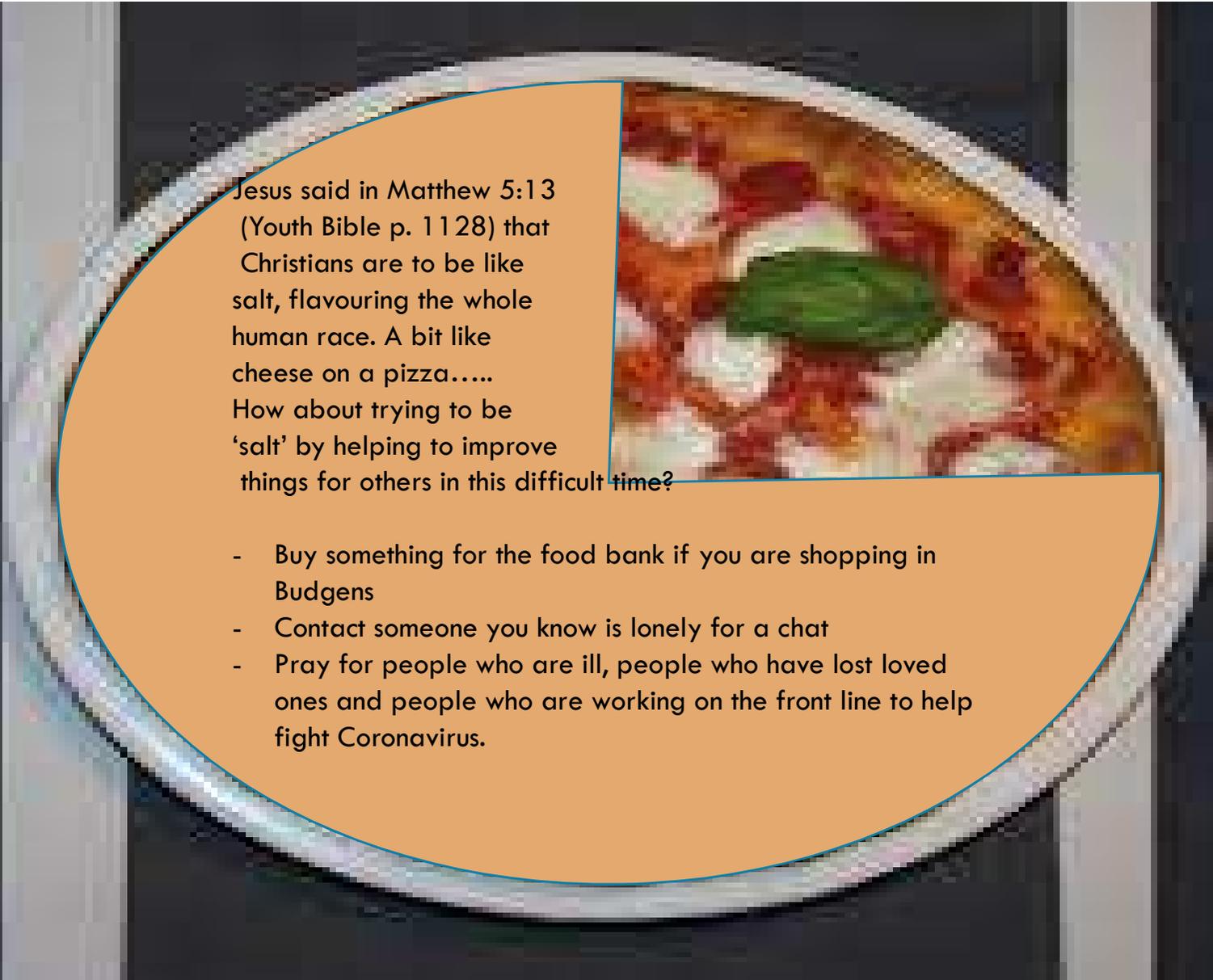
Jesus is very clear in his response. Keeping your body in good shape with food is not the only important thing. It's also important to feed your inner spiritual life by thinking about what God says too.

You can keep focused on things which God says by reading a small bit of the Bible each day.

You could read a small section of one of the gospels every day (Youth Bible – Matthew p. 1124, Mark p. 1174, Luke p. 1202, John p. 1252)

(Or if you wanted to learn a bit more, there are some Bible notes on the church website:

<http://www.abbotslangley.org.uk/news/592/15/Bibles-notes-on-James.html>



Jesus said in Matthew 5:13 (Youth Bible p. 1128) that Christians are to be like salt, flavouring the whole human race. A bit like cheese on a pizza..... How about trying to be 'salt' by helping to improve things for others in this difficult time?

- Buy something for the food bank if you are shopping in Budgens
- Contact someone you know is lonely for a chat
- Pray for people who are ill, people who have lost loved ones and people who are working on the front line to help fight Coronavirus.

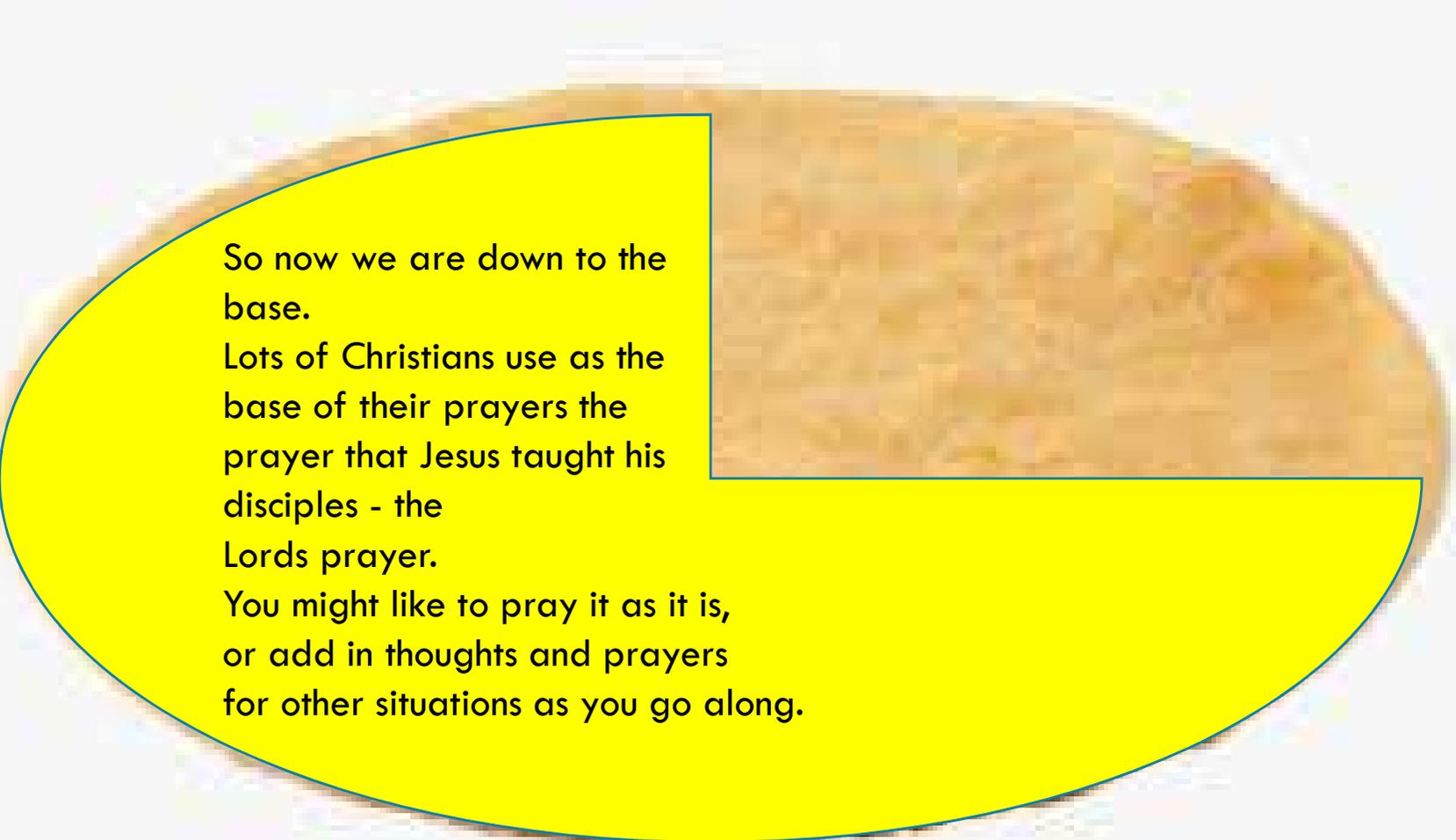


You have to admit, a pizza isn't a pizza without tomato sauce- regardless of the toppings!

It is difficult to stay in touch with God unless we make the time to spend time thinking about him and talking with him.

While we can't go to church and worship together with other Christians, there are some services on our church website which you could listen into and join in with.

<https://www.facebook.com/StLawrenceChurchAbbotsLangle>



So now we are down to the base.

Lots of Christians use as the base of their prayers the prayer that Jesus taught his disciples - the Lords prayer.

You might like to pray it as it is, or add in thoughts and prayers for other situations as you go along.



Our Father in heaven, hallowed be your name,
Your kingdom come, your will be done,
On earth as in heaven.
Give us today our daily bread.
Forgive us our sins and we forgive those who sin against us.
Lead us not into temptation but deliver us from evil.
For the kingdom, the power, and the glory are yours now and for ever.
Amen